

Training plan **RG Pre juniors, AGG 8-10, 10-12, 12-14, Juniors and Seniors**
Wednesday **February 10th** **MISS VALENTINE 2016**

Free Warm up	Competition Carpet	RG team, AGG team
8.00	9.00	AGG GC Rytmika Lepatriinud
8.00	9.03	AGG GC Janika Violet
8.00	9.06	AGG GC Rytmika Siidisabad noorem
8.00	9.09	AGG GC Janika Dondella
8.00	9.12	AGG GC Rytmika Siidisabad
8.00	9.15	AGG GC Janika Grisete
8.00	9.18	AGG GC Janika Mireth
8.00	9.21	AGG DEN Future
8.00	9.24	GC Rytmika RG
8.00	9.33	RG CYP (2), GRE (2), HUN (2)
8.30	10.00	RG ISR (1), CAN (2), LTU (1)
8.30	10.20	RG EST Diiva
9.30	10.32	RG GC Janika Tartu, GC Janika Tallinn (pre jun)
10.00	11.00	RG GC Nord, Excite Dance
10.13	11.13	RG RSA (1), RG USA (5) - 2 routine per gymnast
10.31	11.31	RG JPN sen group
10.34	11.34	RG KOR(2), AUS jun group
10.44	11.44	EST Narva, Elegance
11.20	12.00	EST GC Janika (Evelin)
11.32	12.32	EST GC Janika (Grete, Ilona)
11.42	12.42	PROOV
14.00	15.00	RG UZB, KAZ
14.30	15.30	Maris, Helen
14.40	15.40	Maris, Helen
15.00	15.50	RG LTU (2), RUS-Murmansk (2)
15.14	16.14	AGG FIN SC Vantaa, Elite Electra
15.17	16.17	AGG FIN Elite
15.20	16.20	AGG RUS Kalina
15.23	16.23	AGG RUS Kalina
15.26	16.26	AGG FIN Idra
15.29	16.29	AGG DEN Elina
15.32	16.32	AGG FIN Elite Alexa
15.35	16.35	AGG FIN Indiumit
15.38	16.38	AGG Silfida Fler
15.41	16.41	AGG BLR Silfida Junior
15.44	16.44	RG PUR (3)
16.00	17.00	RG GBR (4)

16.20	17.20	RUS (Panchenko 1) IND 1, LUX 2 - 8 routines
16.34	17.34	EST (GC Janika, GC Janika Tallinn)+ proov
17.21	18.21	AGG Sun's Crystals
17.24	18.24	AGG FIN Attitude Sports, Mini
17.27	18.27	AGG FIN Coco Sport, Geminat Royal
17.30	18.30	AGG RUS Sonet Rhythm
17.33	18.33	AGG RUS Solnyshko
17.36	18.36	AGG UKR Grand Kids
17.39	18.39	AGG UKR Alcor Estel
17.42	18.42	AGG FIN Attitude Sports Attitude Kids
17.45	18.45	AGG RUS Idel
17.48	18.48	AGG RUS Roxett-Garnet
17.51	18.51	AGG UKR Yunel
17.54	18.54	AGG UKR Alcor Unity
17.57	18.57	AGG GC Janika Miressa
18.00	19.00	AGG ESP CSI
18.03	19.03	AGG GC Janika Glissa
18.06	19.06	AGG FIN Loiste
18.09	19.09	AGG RUS Sonet
18.12	19.12	AGG DEN Team Petit
18.15	19.15	AGG RUS Roxett
18.18	19.18	AGG UKR Miridance
18.21	19.21	AGG UKR Grand
18.24	19.24	AGG EST Gloria GC Janika Tallinn
18.27	19.27	AGG FIN Lumo
18.30	19.30	AGG FIN Illusion
18.33	19.33	AGG RUS Idel
18.36	19.36	AGG RUS Roxett (Junior)
18.39	19.39	AGG ESP CSI Senior
18.42	19.42	LTU
18.45	19.45	AGG FIN Sirius
18.48	19.48	AGG FIN Freyat
18.51	19.51	AGG RUS Amuazh
18.54	19.54	AGG RUS Arabesque
18.57	19.57	AGG RUS Avrora
19.00	20.00	AGG ESP Mixed team
19.03	20.03	AGG ESP Mixed team
19.06	20.06	<i>RUS Nizhni Novgorod</i>
19.18	20.18	AGG ESP Avatar
19.21	20.21	AGG ESP Scissorhands
19.24	20.24	RG AZE pre jun, FIN Närjä
19.41	20.41	RG UKR pre jun (1), FIN Elin (1), ROM (1)
19.56	20.56	AGG ESP Africa
19.59	20.59	AGG FIN Vantaa Jr
20.00	21.02	AGG FIN Team Vantaa seniors
	21.05	UKR RG