



TARTU GYMNASTICS WEEK
FIG Miss Valentine
Tartu, Estonia
March 1-3, 2024



RGI Junior Team and RGG Senior competition

DIRECTIVES

Event ID: 17604

Dear FIG, affiliated Member Federation,

Estonian Gymnastics Federation has the pleasure to invite your Federation to participate in the official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics (RGI Junior)
HOST FEDERATION	Estonian Gymnastics Federation Contact person: Ms. Tene-Riin Vaarmann Tondi 84/3, Tallinn, Estonia Phone: +372 59192717 e-mail: info@estoniangymnastics.ee Website: www.missvalentine.eu www.estoniangymnastics.ee
LOCAL ORGANIZING COMMITTEE	Gymnastics Club Janika Contact Person: Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) and +372 5029682 E-mail : janika@vkjanika.ee janika@rogers.com Website: www.missvalentine.eu
LOCATION	Tartu, Estonia
DATE	March 1-3, 2024
VENUE	<u>Competition and training hall</u> University of Tartu Sports Hall Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 7 warm up carpets and 1 competition carpet
APPARATUS SUPPLIER	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules

	<ul style="list-style-type: none"> • Anti-Doping Rules • Licence rules (except for non-competitive events) • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for FIG Competitions and Events • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>						
PARTICIPANTS	National Federations may register to participate as follows: RGG Senior RGI Juniors						
AGE LIMITS	Senior gymnasts Junior gymnasts All gymnasts must have a valid FIG License until the end of the event.						
JUDGES	Only current valid FIG Brevet judges (2022-2024) can judge 2024 FIG Miss Valentine RGI Junior competition 1 judge (per federation) Brevet Cat. 1-4, XIV Cycle Each Federation must send minimum: 1 RGI-Brevet judge and 1 RGG Brevet judge (One judge can judge RGI and RGG)						
REGISTRATION DEADLINES	Registration will be ONLINE (Only National Gymnastics Federations can register) at http://rqform.eu/event.php?id_prop=5280						
	<table border="1"> <tr> <td>Preliminary registration</td> <td>December 27, 2023</td> <td>(Two month prior to the event)</td> </tr> <tr> <td>Nominative registration</td> <td>January 27, 2024</td> <td>(Two month prior to the event)</td> </tr> </table>	Preliminary registration	December 27, 2023	(Two month prior to the event)	Nominative registration	January 27, 2024	(Two month prior to the event)
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Nominative registration	January 27, 2024	(Two month prior to the event)					
ENTRY FEES	70€ per individual gymnast 120€ per group						
ACCREDITATION	Delegation accreditation will take place upon arrival at the venue of the event For accreditation team leaders are required to bring the following documents: -passports of all members of the delegation -proof of medical insurance of all members of the delegation (obligatory) -FIG License for gymnasts -National Anthem -All delegations are requested to upload the music and portrait photos of their gymnasts/delegation members to KSIS						

	-Please keep USP flash drive with music for the routines for back up In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.
EVENT FORMAT	<p><u>Competition for RGG Senior (FIG)</u> *AA *Finals</p> <p>RGG Senior FIG awards: AA awards (1-3 place awarded_1 group per country awarded) Apparatus awards (1-3 place awarded_1 group per country awarded)</p> <p><u>Competition for RGI Junior (FIG)</u> *Team Competition max 12 routines (per team, max 6, min 3 gymnasts in the team) *AA (From Team Competition, max 3 routines per gymnast) *Finals (8 best gymnasts from Team Competition going to the finals, max one gymnast per country)</p> <p>RGI Junior FIG awards: *Team award (1-3 place awarded, max 6 gymnasts in the team) *AA award AA total max 3 routines from Team Competition (1-8 place awarded_1 gymnast per country awarded) *Finals: Apparatus awards (1-8 place awarded)</p>
PROVISIONAL SCHEDULE	<p>February 28, Wednesday Arrival</p> <p>February 29, Thursday Arrival RGG, RGI podium training 19:00</p> <p>March 1, Friday RGG Competition (5 hoops) RGI Competition (hoop, ball)</p> <p>March 2, Saturday RGG Competition (2balls+3ribbons) RGI Competition (clubs, ribbon)</p> <p>March 3, Sunday RGG Finals RGI Finals GALA Farewell party</p> <p>March 4, Monday Departure of delegations</p>
EVENT MANAGER	Mrs. Janika Moelder Phone: +647 300 1071 (WhatsApp) E-mail : janika@rogers.com
MEDICAL SERVICES	The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area.

COVID-19	<p>The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.</p> <p>The competition will be organized considering the safety of participants and current COVID instructions of Estonian Government and authoritative. For any policy update regarding the COVID-19 Travel Regulations in Estonia, the LOC will keep all delegations and interested parties informed.</p> <p>In addition, the LOC will distribute information regarding gymnasts' safeguarding plan.</p>
VISA	<p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia.</p> <p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before January 27, 2024, to the LOC http://rgform.eu/event.php?id_prop=5280</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member, as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents, and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident, and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy).</p> <p>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: 50€ per person.</p>
SAFEGUARDING	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC</p>

	<p>Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
<p>INTERNATIONAL TRANSPORTATION</p>	<p>The invited participating federations must pay the international travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the OC – ONLINE: http://rqform.eu/event.php?id_prop=5280 by January 27, 2024.</p> <p>If delegations will send travel plan later than January 27, 2024, then the local transportation from the airport won't be guaranteed.</p> <p>Local Transportation will be provided only for the Delegation members who booked their accommodation through the Organizing Committee.</p>
<p>LOCAL TRANSPORTATION</p>	<p><u>Free local transportation for all accredited delegation members:</u></p> <ul style="list-style-type: none"> • from Tallinn International Airport, Tallinn Railway Station, or Tallinn Harbor to the hotel and back • from the hotels to the Competition Venue and vice-versa (shuttle busses) <p>Will be provided only for the Delegation members who booked their hotel accommodation through the Organizing Committee.</p>
<p>ACCOMMODATION AND MEALS</p>	<p>All delegations must stay in the official hotel of this event. The hotel rooms will be allocated on a “first-come, first-served” basis.</p> <p>The invited participating federations and clubs must pay for the accommodation expenses of their delegation members.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC ONLINE – http://rqform.eu/event.php?id_prop=5280 by January 27, 2024, at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p><u>2-night package in the hotel - 280 € per person double or triple room (single room 340 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 2 nights, incl. breakfast and dinner - transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back - shuttle busses between hotel and competition hall <p><u>3-night package in the hotel - 380 € per person double or triple room (single room 440 €)</u></p> <p>The price includes:</p>

	<ul style="list-style-type: none"> - accommodation in the hotel for 3 nights, incl. breakfast and dinner - transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back - shuttle busses between hotel and competition hall <p><u>4-night package in the hotel - 480 € per person double or triple room (single room 540 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 4 nights, incl. Breakfast and dinner - transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back - shuttle busses between hotel and competition hall <p><u>5-night package in the hotel - 580 € per person double or triple room (single room 640 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 5 nights, incl. Breakfast and dinner - transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back - shuttle busses between hotel and competition hall, competition accreditation
ACCOMMODATION FORM	<p>The Accommodation Form must be returned to the OC ONLINE – http://rqform.eu/event.php?id_prop=5280 by January 27, 2024, at the very latest.</p> <p>The costs for the accommodation must be paid to the LOC as following:</p> <ul style="list-style-type: none"> - <u>50% of the accommodation costs</u> by January 27, 2024, at the time of Nominative Registration. Only then LOC can guarantee your stay at official hotel - <u>Remaining 50% of the accommodation costs</u> by February 1, 2024, latest
CANCELLATION POLICY	<p>Please make sure that each delegation has effective <u>insurance in case of cancel</u></p> <p>ACCOMMODATION CANCELLATION</p> <p>In case of cancellation, costs will be refunded as following: If cancellation is made by January 27, 2024 latest then 50% of the total amount paid will be refunded, any later cancellations will not be refunded</p>
FINAL BANQUET	<p>Final banquet will take place March 3, 20:00 (Place TBC)</p>

BANK ACCOUNT INFORMATION	<p>Each participating Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Beneficiary: Võimlemisklubi Janika Address: Ihaste tee 7, 51013 Tartu, Estonia Bank: SEB Address: Tornimäe 2, 15010 Tallinn, Estonia SWIFT: EEUHEE2X IBAN: EE791010102001526002</p> <p>The <u>participating federation</u> is responsible for <u>covering all bank fees</u> in connection with the bank transfers.</p> <p>Please state the name of the Country/Federation the payment purpose on the transfer (i.e "Team NOR, 2024 Miss Valentine Tartu Grand Prix").</p>	
CANCELLATION INSURANCE	The FIG and LOC strongly recommend that each Federation will take a cancellation insurance for their accommodation and meal options.	
MARKETING	FIG advertising and publicity norms must be respected	
MEDIA SOCIAL MEDIA	Local Press Facebook page, Homepage: www.missvalentine.eu	
ADDITIONAL INFORMATION	<p>The following competitions will be organized in Tartu:</p> <ul style="list-style-type: none"> -2024 Miss Valentine Tartu Grand Prix (RGI-Senior) - 2024 Miss Valentine International Tournament (RGI, RGG) - 2024 Miss Valentine International Tournament (AGG) 	
DEADLINES SUMMARY	<p>Definitive Registration (register only federation, number of gymnasts, coaches, judges and other delegation members) ONLINE at http://rgform.eu/event.php?id_prop=5280</p>	December 27, 2023
	<p>Nominative Registration (register all delegation members by name and add apparatus for gymnasts, FIG license nr for gymnasts and judges) ONLINE http://rgform.eu/event.php?id_prop=5280</p>	January 27, 2024
	<p>Accommodation ONLINE - http://rgform.eu/event.php?id_prop=5280</p>	January 27, 2024
	<p>Travel Plan http://rgform.eu/event.php?id_prop=5280</p>	January 27, 2024

	Visa Request Form-send ONLINE http://rgform.eu/event.php?id_prop=5280	January 27, 2024
	Music mp3 (only) ONLINE http://rgform.eu/event.php?id_prop=5280	January 27, 2024
	Payment of the accommodation costs (50%) Payment of the accommodation costs (50%)	By January 27, 2024 By February 1, 2024
	Remaining payment of the costs of delegation members and additional persons (in cash)	During accreditation in the competition hall

Sincerely Yours,



Tene-Riin Vaarmann,
Secretary General

October 2nd, 2023
Tallinn